



# Cardiovascular and Strength Training Buyers' Guide

## A Word From ADVANCE

We invite comments so that our future product supplements, buyers' guides and reference guides may better serve *ADVANCE* readers. Please forward comments to Diana Olsen, assistant editor, *ADVANCE* for Directors in Rehabilitation, 2900 Horizon Drive, King of Prussia, PA, 19406; fax: (610) 278-1425; e-mail: dolsen@merion.com

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TOM WHALEN

### Access to Recreation Inc.

8 Sandra Ct.  
Newbury Park, CA 91320

**Products offered:** Bicycles, exercise mats, upper and lower extremity exercisers, isokinetic and isotonic equipment, treadmills, variable resistance products, and weights

### Altimate Medical Inc.

262 W. 1st St., P.O. Box 180  
Morton, MN 56270

**Products offered:** Upper and lower extremity exercisers, variable resistance products, and active standers

### AquaJogger

4660 Main St., Ste. B 270  
Springfield, OR 97478

**Products offered:** Aquatic exercise products

### Aquatic Trends Inc.

177 U.S. Hwy. 1 N., #212  
Tequesta, FL 33469

**Products offered:** Aquatic exercise products

### Aquatics by Sprint



P.O. Box 3840  
San Luis Obispo, CA 93403  
(805) 541-5330; (800) 235-2156

Fax: (805) 541-5339

E-mail: info@sprintaquatics.com

**Products offered:** Bicycles, upper and lower extremity exercisers, stair climbers, treadmills, variable resistance products, weights, and aquatic exercise products  
*Aquatics by Sprint develops and markets products for aquatic therapy and wellness.*

### Bailey Manufacturing Co.

118 Lee St.  
Lodi, OH 44254

**Products offered:** Exercise mats, lower extremity exercisers, variable resistance products, and weights

### Biodex Medical Systems Inc.

20 Ramsay Rd.  
Shirley, NY 11967

**Products offered:** Bicycles, isokinetic equipment, treadmills, and unloading equipment

### Bodyblade®/Hymanson Inc.

P.O. Box 5100  
Playa del Rey, CA 90296

**Products offered:** Upper and lower extremity exercisers, variable resistance products, and aquatic exercise products

### Brookdale Medical Specialties Ltd.

418 Hanlan Rd., Unit 27  
Woodbridge, Ontario  
Canada L4L 3P6

**Products offered:** Bicycles, exercise mats, upper and lower extremity exercisers, isokinetic and isotonic equipment, stair climbers, Swiss balls/rollers, treadmills, variable resistance products, weights, and aquatic exercise products

### Cybox International

10 Trotter Dr.  
Medway, MA 02053

**Products offered:** Bicycles, isokinetic and isotonic equipment, stair climbers, treadmills, variable resistance products, and weights

### Direct Fitness

150 Crossfield Rd.  
King of Prussia, PA 19406

**Products offered:** Bicycles, upper and lower extremity exercisers, isotonic equipment, stair climbers, Swiss balls/rollers, treadmills, and weights

### Fitter International Inc.

3050-2600 Portland St. S.E.  
Calgary, Alberta

Canada T2G 4M6

**Products offered:** Exercise mats, upper and lower extremity exercisers, Swiss balls/rollers, variable resistance products, balance equipment, and weights

### Hydro-Tone Fitness Systems Inc.

22895 Savi Ranch Pkwy., Unit E  
Yorba Linda, CA 92887

**Products offered:** Aquatic exercise products

### Ideal Products

1287 County Rd. 623  
Broseley, MO 63932

**Products offered:** Upper and lower extremity exercisers, Swiss balls/rollers, variable resistance products, weights, and medicine balls

### Kelly Kinetics

1413 41st St. S.  
Great Falls, MT 59405

**Products offered:** Lower extremity exercisers and massage tools

### Life Fitness



5100 N. River Rd.  
Schiller Park, IL 60176  
(847) 288-3300; (800) 634-8637

Fax: (847) 288-3796

E-mail: commercialsales@lifefitness.com

Web site: www.lifefitness.com

**Products offered:** Bicycles, upper and lower extremity exercisers, isokinetic and isotonic equipment, stair climbers, treadmills, variable resistance products, and weights  
*Life Fitness designs and manufactures fitness equipment for commercial and consumer use.*

### Lifeline International

3201 Syene Rd.

Madison, WI 53713

**Products offered:** Upper and lower extremity exercisers, isokinetic equipment, and variable resistance products

### Magister Corp.

P.O. Box 4323  
Chattanooga, TN 37405

**Products offered:** Exercise mats and variable resistance products

### Med-Fit Systems Inc.

543 E. Alvarado St.  
Fallbrook, CA 92028

**Products offered:** Bicycles, upper and lower extremity exercisers, isotonic equipment, stair climbers, treadmills, variable resistance products, weights, and therapeutic pools and spas

### MediCordz®/NZ Mfg. LLC

412 Commerce St.  
Tallmadge, OH 44224

**Products offered:** Exercise mats, upper and lower extremity exercisers, and aquatic exercise products

### Netflexion Inc.

1262 Dr., MLK St. N.  
St. Petersburg, FL 33705

**Products offered:** Web-based physical therapy exercise videos

### NuStep Inc.



5111 Venture Dr., Ste. 1  
Ann Arbor, MI 48108  
(734) 769-3939; (800) 322-2209

Fax: (734) 769-8180

E-mail: info@nustep.com

Web site: www.nustep.com

**Products offered:** Stair climbers and recumbent cross trainers

*The NuStep TRS 4000 recumbent cross trainer offers upper and lower body conditioning without putting stress on joints and muscles.*

**OPTP**



3800 Annapolis Ln., #165  
Minneapolis, MN 55447  
(763) 553-0452; (800) 367-7393

**Fax:** (763) 553-9355

**E-mail:** customerservice@optp.com

**Web site:** www.optp.com

**Products offered:** Exercise mats, upper and lower extremity exercisers, Swiss balls/rollers, variable resistance products, weights, and aquatic exercise products

*OPTP offers Axis foam rollers, CoreChallenge rollers, stability balls, resistive bands, Body Bolster and Pilates Reformer.*

**Phi Pilates**

442 W. Main St.  
Monongahela, PA 15063

**Products offered:** Pilates education products

**Power Systems Inc.**

2527 Westcott Blvd.  
Knoxville, TN 37931

**Products offered:** Exercise mats, upper and lower extremity exercisers, isotonic equipment, Swiss balls/rollers, variable resistance products, weights, and aquatic exercise products

**PrePak Products Inc.**

4055 Oceanside Blvd., Ste. L  
Oceanside, CA 92056

**Products offered:** Upper and lower extremity products

**PTEX Systems**

211 Manchonis Rd.  
Wilbraham, MA 01095

**Products offered:** Bicycles, upper and lower extremity exercisers, treadmills, exercise software

**Reck Technik GmbH & Co. KG**

Reckstrasse 1-4  
88422 Betzenweiler, Germany

**Products offered:** Bicycles, upper and lower extremity exercisers, and MOTOMed motorized movement therapy machine

**Sammons Preston Rolyan**

4 Sammons Ct.  
Bolingbrook, IL 60440

**Products offered:** Bicycles, exercise mats, upper and lower extremity exercisers,

isokinetic and isotonic equipment, stair climbers, Swiss balls/rollers, treadmills, variable resistance products, weights, and aquatic exercise products.

**Shuttle Systems by Contemporary Design Co.**

10005 Mt. Baker Hwy.  
Glacier, WA 98244

**Products offered:** Upper and lower extremity equipment, unloading equipment, balance equipment, Pilates, plyometric training, and sports medicine equipment

**Source Distributors**

11116 Grader St.  
Dallas, TX 75238

**Products offered:** Bicycles, upper and lower extremity exercisers, stair climbers, and treadmills

**SwimEx Inc.**



846 Airport Rd.  
Fall River, MA 02720  
(800) 877-7946

**Fax:** (508) 675-0525

**E-mail:** emurphy@swimex.com

**Web site:** www.swimex.com

**Products offered:** Aquatic exercise products

*SwimEx manufactures aquatic therapy and conditioning pools. The pools feature water current and an integrated motorized treadmill for versatility in aquatic cardiovascular and strength training.*

**TherapyZone**

5808 S. Rapp St., Ste. 210  
Littleton, CO 80120

**Products offered:** Upper and lower extremity exercisers, and variable resistance products

**Thought Technology**

2180 Belgrave Ave.  
Montreal, Quebec  
Canada H4A 2L8

**Products offered:** Aquatic exercise products and biofeedback instrumentation

**Vacu•Med**

4538 Westinghouse St.  
Ventura, CA 93003

**Products offered:** Bicycles and treadmills

**Woodway**

W229 N591 Foster Ct.  
Waukesha, WI 53186

**Products offered:** Treadmills